



Norfolk County Ingredients/Allergens List

Please note all allergens are in **BOLD**

- Our Ice Cream is **not** suitable for people with Coeliac Disease/a Wheat Allergy due to manufacturing methods - Ice Cream may contain traces of gluten.
- Ice Cream is made in a factory which handles Nuts and Peanuts.
- The Cream and Egg Yolks in our ice cream is pasteurised twice – once before it arrives to us, and again in production. Therefore, it is suitable for pregnant people to consume.
- Store below -18C
- DO NOT REFREEZE ONCE THAWED.

French Vanilla

Fresh **Cream** from **Milk**, Sugar, **Egg Yolks**, Skimmed **Milk** Powder, Natural Vanilla Flavouring

- Suitable for Vegetarians
- No Gluten containing ingredients

Double Strawberry

Fresh **Cream** from **Milk**, Sugar, Strawberries (9.5%) in syrup (strawberries, apple concentrate, glucose, fructose syrup, water, stabilisers: pectin, locust bean gum, citric acid, natural flavouring, firming agent, calcium lactate, antioxidant – ascorbic acid,) Natural flavouring, firming agent:-(calcium lactate) acidity regulator: - (citric acid) Antioxidant:-(Ascorbic acid), **Egg** yolks, Skimmed **Milk** Powder, Natural Strawberry Flavouring, Natural Colour: Beetroot Extract

- Suitable for Vegetarians
- No Gluten containing ingredients

Belgian Chocolate

Fresh **Cream** from **Milk**, Belgian Chocolate (21%) (cocoa powder fat reduced, chocolate powder, vegetable oils (sunflower, palm oil), sugar, emulsifier :-(soya lecithin) vanillin), Glucose Syrup, Water, Salt, Sugar, **Egg Yolks**, Skimmed **Milk Powder**

- Suitable for Vegetarians
- No Gluten containing ingredients

Mascarpone and Fig

Fresh **Cream** from **Milk**, Sugar, **Egg Yolks**, Skimmed **Milk Powder**, Flavour: Mascarpone (3%) (Glucose syrup, Concentrated Sugared **Milk**, Sugar, **Egg Yolks**, Flavours, Acidifier, E330, Citric Acid, Certified Colours, E101i, Riboflavin, E160a, Better-carotene, Antioxidant, E307, Alpha-tocopherol), Fig Sauce (2%) (Figs, Glucose Syrup, Sugar, Flavours, Modified Starch, Acidifier, E330 Citric Acid, Preservative E202)

- Suitable for Vegetarians
- No Gluten containing ingredients

Gooseberry and Elderflower

Fresh **Cream** from **Milk**, Sugar, **Egg Yolks**, Skimmed **Milk Powder**, Natural Vanilla Flavouring, Gooseberry Base (9%) (Gooseberries, Sugar, Water, Lemon Juice), Elderflower Cordial (2.9%) (Sugar, Spring Water, Elderflower, Citric Acid, Pectin)

- Suitable for Vegetarians
- No Gluten containing ingredients

New York Coffee

Fresh **Cream** from **Milk**, Sugar, **Egg Yolks**, Skimmed **Milk Powder**, Natural Flavouring Coffee, Caramel Colour

- Suitable for Vegetarians
- No Gluten containing ingredients

Chocolate Choc Chip

Fresh **Cream** from **Milk**, Belgian Chocolate (21%) (Cocoa Powder Fat Reduced, Chocolate Powder, Vegetable Oils (Sunflower, Palm Oil) Sugar, Emulsifier :-(soya lecithin), Vanillin), Glucose Syrup, Water, Salt) Sugar, Belgian Chocolate Chips (6.6%) (Cocoa Mass, Sugar, Emulsifier:-(soya lecithin) Natural Vanilla Flavouring) **Egg Yolks**, Skimmed **Milk Powder**

- Suitable for Vegetarians
- No Gluten containing ingredients

Crema Pistachio

Fresh **Cream** from **Milk**, Sugar, **Egg Yolks**, Skimmed **Milk Powder**, Flavouring: Pistachio (Glucose Syrup, **Almonds**, **Pistachio**, Flavours, Vegetable Extracts), **May contain traces of PEANUTS and other NUTS**

- Suitable for Vegetarians
- No Gluten containing ingredients

Toffee Crunch

Fresh **Cream** from **Milk**, Sugar, Toffee Chips (6%) (Sugar, Glucose Syrup from **Wheat**), Non-Hydrogenated Vegetable Fat (Shea oil, Palm oil, **Soya** lecithin), Vegetable Fat (Palm oil, Palm Stearine), Water, Unsalted Butter, Salt, **Soya** Lecithin, Caramel Colour, Sodium Bicarbonate), **Egg Yolks**, Skimmed **Milk Powder**, Toffee Flavouring

- Suitable for Vegetarians
- This product contains Gluten

Jamaican Rum and Raisin

Fresh **Cream** from **Milk**, Sugar, Raisins (7% in syrup (raisins, sugar, water, molsasses, rum, maize, starch, natural flavouring, Caramel colour, burnt sugar syrup, acidity regulator:-(citric acid), **Egg Yolks**, Skimmed **Milk Powder**

- Suitable for Vegetarians
- No Gluten containing ingredients

Rich Butterscotch

Fresh **Cream** from **Milk**, Butterscotch (17%) (Sugar, Water, Caramel Syrup, **Butter**, Glucose Syrup, Sweetened Condensed Skimmed **Milk**, Maize Starch, Sea Salt, Burnt Sugar Syrup, Natural Flavouring), Sugar, **Egg Yolks**, Skimmed **Milk Powder**

- Suitable for Vegetarians
- No Gluten containing ingredients

Coconut and Cream

Fresh **Cream** from **Milk**, Sugar, Desiccated Coconut (4.6%) in syrup (Sugar Syrup, Glucose Syrup, Grated Coconut, Flavourings – **May contain traces of NUTS, SESAME and PEANUTS**), **Egg Yolks**, Skimmed **Milk Powder**

- Suitable for Vegetarians
- No Gluten containing ingredients

Mint Choc Chip

Fresh **Cream** from **Milk**, Sugar, Belgian Chocolate Chips (6.6%) (Cocoa Mass, Sugar, Emulsifier:-(soya lecithin), Natural Vanilla Flavouring), **Egg Yolks**, Skimmed **Milk Powder**, Mint Flavouring (Glucose Syrup, Mint Extract, Flavours, Stabilisers:-(Carrageenan) (Carboxymethylcellulose), (Guargum))

- Suitable for Vegetarians
- No Gluten containing ingredients

Mango Alphonse

Fresh **Cream** from **Milk**, Sugar, **Egg Yolks**, Skimmed **Milk Powder**, Mango Flavouring (Glucose Syrup, Mango Alphonse Pulp, Sugar Acidifer:-(citric acid), Stabiliser:-(pectin), Flavours, Colour Beta Carotene)

- Suitable for Vegetarians
- No Gluten containing ingredients

Chocolate Orange

Fresh **Cream** from **Milk**, Belgian Chocolate (21%) (Cocoa Powder Fat Reduced, Chocolate Powder, Vegetable Oils (Sunflower, Palm Oil), Sugar, Emulsifier:-(soya lecithin), Vanillin), Glucose Syrup, Water, Salt) Sugar, **Egg Yolks**, Skimmed **Milk** Powder Natural Flavouring Orange Macaroon

- Suitable for Vegetarians
- No Gluten containing ingredients

Vanilla and Black Cherry

Fresh **Cream** from **Milk**, Sugar, Black Cherries (7%) (Black Cherries, Sugar, Water, Lemon Juice, Stabiliser:-(pectin, vanilla), **Egg Yolks**, Skimmed **Milk** Powder, Natural Vanilla Flavouring

- Suitable for Vegetarians
- No Gluten containing ingredients

Raspberries and Cream

Fresh **Cream** from **Milk**, Sugar, Raspberries (9.5%) in Syrup (Raspberries, Glucose, Fructose Syrup, Apple Concentrate, Water, Maize Starch, Natural Raspberry Flavouring, Citric Acid, Carantho, Preservative:-(potassium sorbate), **Egg Yolks**, Skimmed **Milk** Powder, Natural Colouring: Beetroot Extract

- Suitable for Vegetarians
- No Gluten containing ingredients

Stem Ginger

Fresh **Cream** from **Milk**, Ginger Pieces (10%) in Syrup (Ginger, Sugar), **Egg** Yolk, Skimmed **Milk** Powder, Natural Ginger Flavouring

- Suitable for Vegetarians
- No Gluten containing ingredients

Blueberries and Cream

Fresh **Cream** from **Milk**, Sugar, Blueberries (9%) (Blueberries, Sugar, Water, Lemon Juice, Stabiliser:-(pectin),) **Egg Yolks**, Skimmed **Milk** Powder

- Suitable for Vegetarians
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Salted Caramel

Fresh **Cream** from **Milk**, Sugar, **Egg** Yolks, Skimmed **Milk** Powder, Caramel Flavouring (Glucose Syrup, Burnt Sugar, Sugar, Flavours), Salt

- Suitable for Vegetarians
- No Gluten containing ingredients

Chocolate & Spiced Rum

Fresh **Cream** from **Milk**, Belgian Chocolate (21%) (cocoa powder fat reduced, chocolate powder, vegetable oils (sunflower, palm oil), sugar, emulsifier :-(soya lecithin) vanillin), Glucose Syrup, Water, Salt, Sugar, **Egg** Yolks, Skimmed **Milk** Powder, Norfolk Dark Spiced Rum (1.5%)

- Suitable for Vegetarians
- No Gluten containing ingredients

Rhubarb and Custard

Fresh **Cream** from **Milk**, Sugar, Rhubarb (Granulated Sugar, Lemon Juice, Pectin) **Egg** Yolks, Skimmed **Milk** Powder, Egg Colour.

- Suitable for Vegetarians
- No Gluten containing ingredients

Peaches and Cream

Fresh **Cream** from **Milk**, Sugar, Diced Peach (Granulated Sugar, Lemon Juice, Pectin), Peach Flavouring (Glucose Syrup, Peaches, Sugar, Acidifier: E330 Citric Acid, Stabiliser: E440i Pectin, flavours, certified colour: E101i riboflavin) **Egg** Yolks, Skimmed **Milk** Powder.

- Suitable for Vegetarians
- No Gluten containing ingredients

Seasonal Specials

Zabaglione

Fresh **Cream** from **Milk**, Sugar, **Egg** Yolks, Skimmed **Milk** Powder, Zabaglione Flavouring (White Wine, Porto Wine, Sugar, **Egg** Yolks, Flavour, **Peanut** Oil)

- Suitable for Vegetarians
- No Gluten containing ingredients

11/01/2023

Cinnamon

Fresh **Cream** from **Milk**, Sugar, **Egg** Yolks, Skimmed **Milk** Powder, Natural Vanilla Flavouring, Caramel Colour, Natural Cinnamon Flavouring

- Suitable for Vegetarians
- No Gluten containing ingredients

Mince Pie

Fresh **Cream** from **Milk**, Sugar, Mincemeat (Apples, Raisins, Sultanas, Currants, Mixed Candied Peel, Sugar, Oranges, Lemons, Mixed Spice, Cinnamon, Nut Meg, Vegetable Suet, Grand Marnier) **Egg** Yolks, Skimmed **Milk** Powder

- Suitable for Vegetarians
- No Gluten containing ingredients

Spiced Apple & Sultana

Fresh **Cream** from **Milk**, Sugar, Puree (Apple, Water, Sultanas, Sugar, Cinnamon, Nutmeg, Mixed Spice) **Egg** Yolks, Skimmed **Milk** Powder, Natural Vanilla Flavouring, Natural Cinnamon Flavouring

- Suitable for Vegetarians
- No Gluten containing ingredients

If you have any queries regarding any ingredients or our method of production, please contact us using the details below.

Manufacturer:

Lakenham Creamery Limited

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